

## **Other Services and Sites**

### **Kids Helpline (1800 55 1800)**

<http://www.kidshelp.com.au>

### **Parentline (1300 30 1300 from 8am-10pm)**

<http://www.parentline.com.au>

### **Beyondblue – National Depression Initiative**

<http://www.beyondblue.org.au>

### **Alcohol and Drugs**

<http://www.drugarm.com.au>

<http://www.alcohol.gov.au>

<http://www.adf.org.au>

### **Cyber Safety**

<http://www.cybersmart.gov.au>

### **Counselling and Family Support**

<http://www.centacarebrisbane.net.au>

<http://www.lifeline.org.au> (Lifeline 13 11 14)